



## Top Tips for your New Year's Resolution to keep your Child Cavity Free in 2017

Start Early, information is key

Establish your Dental Home, friendly familiar faces make happy visits

No sleeping with a bottle or sippy cup

Seal out decay with sealants

Healthy Diet = Healthy Teeth = Happy Smiles

Regular Dental Checkups, keep you up to date and informed

Brush together

Be their example

Be their Hero