## Happy February It's Children's Dental Health Month

Each February we celebrate children's oral health. Healthy habits start early and grow as your child grows. Whether your child is 6 months old, 6 years old, or 16 years old, healthy teeth are important for a healthy smile. With good care, a balanced diet, injury prevention, and regular dental visits their teeth can be healthy, strong, beautiful, and last a lifetime.

This is why it's so important to start early and continue on a regular appointment schedule. By doing this you are establishing your child's dental home. Your child is comfortable with the office, you know us and we know you, it's stress free for you, and you have a great pediatric dental office you can rely on. Having that great positive experience means taking the extra time to cater to your child because it is very important they have this experience and build on this as they grow.

We strive to make your child excited about coming to their visit while taking care of those pearly whites, teaching and reinforcing good habits, and letting you know what to expect as your child grows. And tips, we have lot's of tips on how to make brushing easier (and flossing to)!